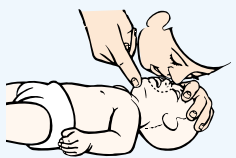
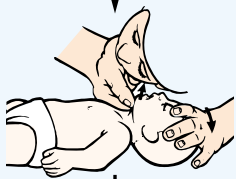
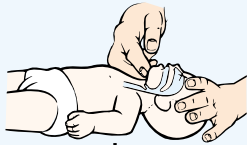
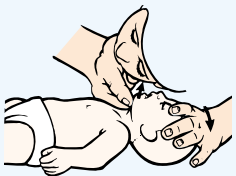


# PAEDIATRIC BASIC LIFE SUPPORT

## INFANT < 1 YEAR



Mouth-to-mouth and nose



Feel brachial pulse if trained to do so  
If < 60/min. with signs of poor perfusion  
or no signs of a circulation,  
start chest compressions



2 fingers on lower sternum  
One third of chest depth  
Rate 100/min  
5 compressions : 1 breath

## Check responsiveness

If not responsive:  
**Shout for help**

## Open airway

Tilt head  
Lift chin  
If possible, send for help

## Check breathing

Look, listen, feel  
Take no more than 10 seconds

**If breathing normally:**

Place in recovery position  
Get help  
Recheck breathing

**If not breathing normally:**  
**Give 2 effective breaths**

If no chest rise, reopen airway  
Re-attempt breathing up to 5 times  
If not successful,  
treat as for airway obstruction

## Check for signs of a circulation

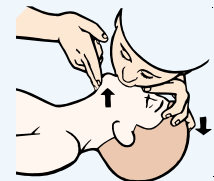
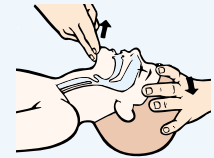
Checking for normal breathing,  
coughing or movement  
Check pulse if trained to do so  
Take no more than 10 seconds

## Give 5 chest compressions

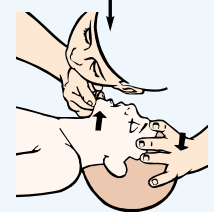
## Continue CPR

If alone, go for help after 1 min  
Take infant/small child with you,  
if possible

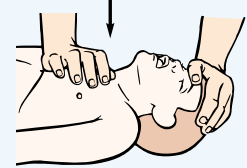
## CHILD 1-8 YEARS



Mouth-to-mouth



Feel carotid pulse if trained to do so  
If < 60/min. with signs of poor perfusion  
or no signs of a circulation,  
start chest compressions



Heel of one hand on lower sternum  
One third of chest depth  
Rate 100/min  
5 compressions : 1 breath